

# Tēnā koe

You are going to a kura kaupapa (Māori immersion) or bilingual school. **How should you prepare?**



If they say a...

## pōwhiri

...you can expect a traditional Māori formal welcome ceremony which may include:

- karanga (a call and response led by women to bring the manuhiri/visitors into the fold)
- whaikōrero (formal speech exchange by men, starting with the hosts)
- karakia (blessings)
- waiata (songs after each speech)
- hongī (an exchange of hand shakes and pressing of noses)
- kai (food)

If they say a...

## whakatau

...you can expect an informal Māori welcome ceremony which may include:

- mihi (greetings)
- karakia (blessings)
- waiata (songs)
- kai (food)

Either way, you will probably have to sing a...

# waiata

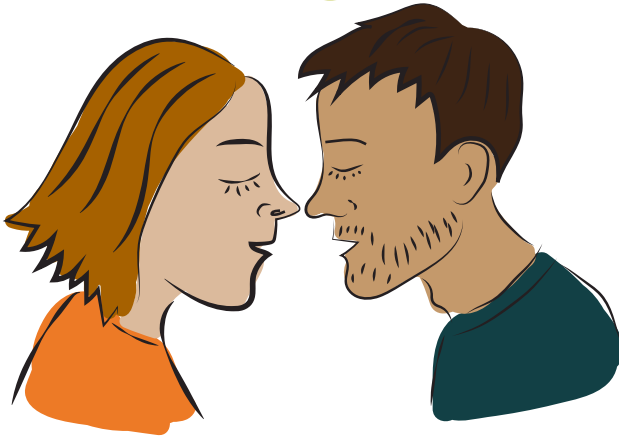


Some well-known songs include

- [Te aroha](#)
- [Tutiramai ngā iwi](#)
- [E toru ngā mea](#)
- [Purea nei](#)

After you've sung, you may be invited to greet the tangata whenua/hosts with a handshake, an elbow bump or a...

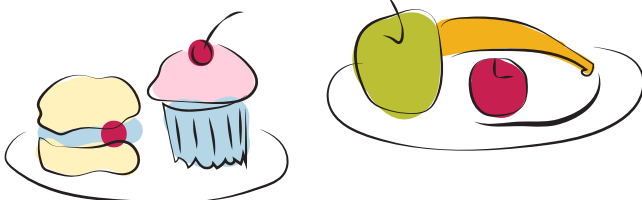
# hongiri



A hongiri is where you press noses and exchange breath. Sometimes you might kiss on the left cheek instead.

Then, to fully transition from the tapu to the noa, or the sacred space to the common space, you may be offered...

# kai



There will probably be a karakia before the kai – listen out for **haumi e**, **hui e**, and join in on **tāiki e**. Or else you may finish with **āmene**.

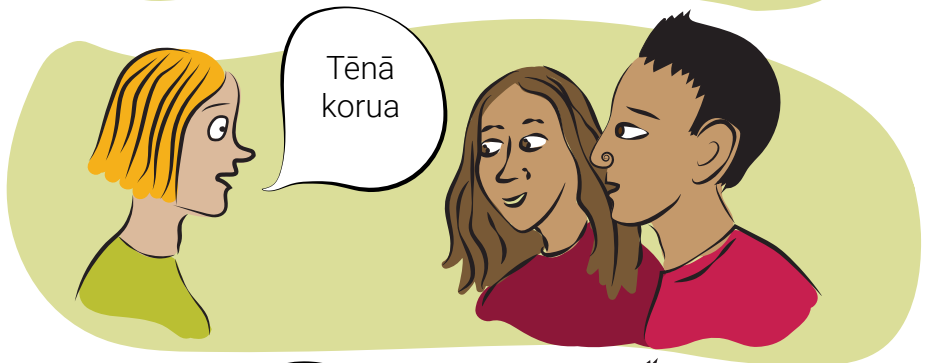
Here are some basic greetings...

# mihi

If you are  
greeting  
**one person**



If you are  
greeting  
**two people**



If you are  
greeting  
**three or  
more people**



If you want to  
tell people your  
**name**



Sometimes you may be asked to give a...

# pepeha

...which lets people know where you and your ancestors come from. Here is a template for you to use:

Tēnā koutou kātoa.

Ko ..... te maunga (mountain)

Ko ..... te awa (river)

Nō..... ahau (home town)

You can find the Māori names for towns and cities [here](#).

If you're **Māori**:

Ko ..... te waka (boat)

Ko ..... te iwi (tribe)

Ko ..... te hapū (subtribe)

If you're **not Māori**:

Nō..... oku tūpuna (ancestors/grandparents)

Your tūpuna are your ancestors. Places your ancestors might come from are Aerana (Ireland), Kotirana (Scotland), Ingarani (England), Haina (China), Īnia (India). You can find more country name translations in the [Māori dictionary](#).

The last thing you say in a pepeha is your name:

Ko ..... taku ingoa

...if you have a different native language you may prefer to introduce yourself in that.